WEEKLY PRACTICE: 30 Points (3 points per day) - You need to practice at least $20 \mathrm{~min} . / \mathrm{day}$. Practice charts are due every Wed. so the practice week begins on Wed. and runs through the following Tues. For each box, write how long you practiced and what practice strategy you used for your practice session. You need to use at least 3 different practice strategies during the two-week span. 10 days are required.

| W | TH | F | S | SU | M | T |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & 6 \\ & \text { Time: } \end{aligned}$ | 7 | 8 | 9 | 10 | 11 | 12 |
| Practice Strategy: |  |  |  |  |  |  |
| $\begin{array}{l\|} \hline 13 \\ \text { Time: } \end{array}$ | 14 | 15 | 16 | 17 | 18 | 19 |
| $\overline{\text { Practice Strategy: }}$ |  |  |  |  |  |  |

TOTAL TIME (3 hr $20 \mathrm{~min}=\mathrm{A})=$ $\qquad$

## SCALES (5 points):

I will work on the $\qquad$ scale.

The notes to this scale are:

## REFLECTION (15 Points):

On this practice chart I will learn $\qquad$ .

Did you accomplish your goal? Yes No
If you accomplished your goal, explain how you did it. If you didn't, explain what you can do next time to meet your goal. Be specific. No one word answers!

